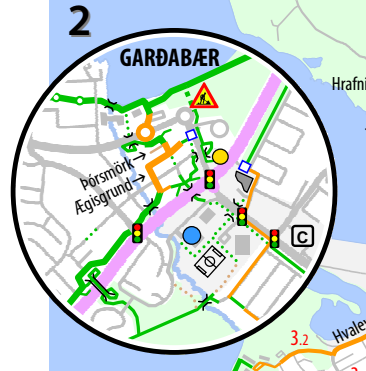
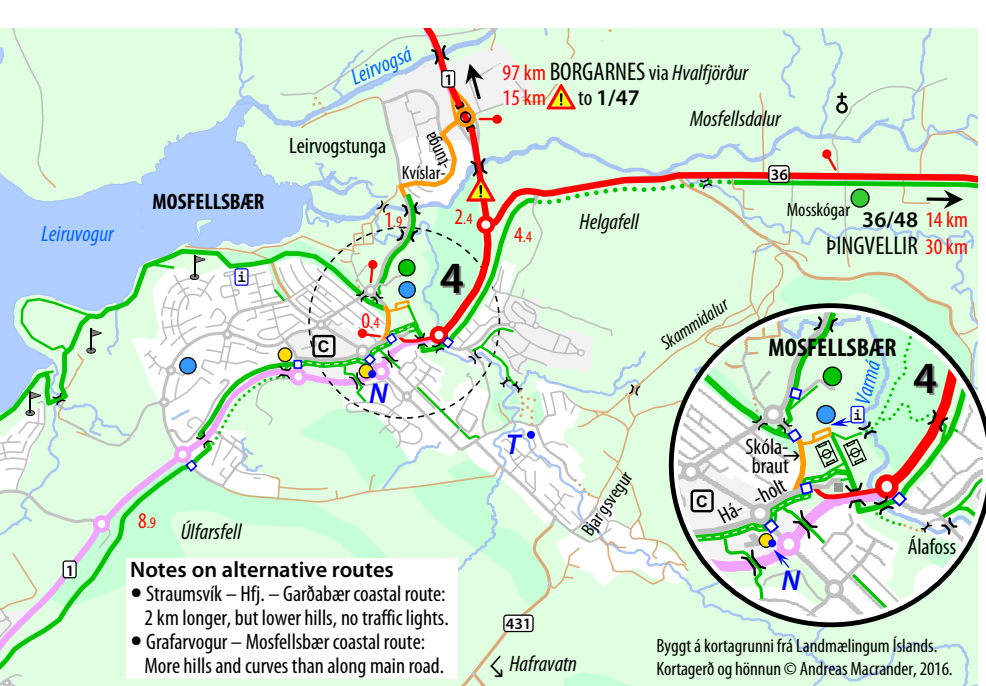




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# MAIN CYCLING ROUTES IN THE CAPITAL AREA SUMMER 2016



**Notes on alternative routes**  
 • Straumsvík – Hfj. – Garðabær coastal route: 2 km longer, but lower hills, no traffic lights.  
 • Grafarvogur – Mosfellsbær coastal route: More hills and curves than along main road.

## Bicycle services in the Capital Area

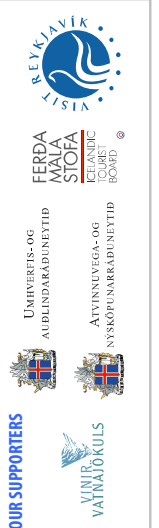
<p><b>Rafmagnshjól A</b> Fiskislóð 45, Reykjavík Tel. 534 6600 www.rafmagnshjol.is e-bike@e-bike.is Shop and rental of e-bikes</p>	<p><b>Hjólafærni á Íslandi G</b> Laugarnesvegur 57, Reykjavík Tel. 864 2776 www.hjolaferni.is hjolaferni@hjolaferni.is Promoting center for cycling</p>	<p><b>Icelandic Mountain Guides P</b> Stórhöfði 33, Reykjavík Tel. 587 9999 www.mountainguides.is mountainguides@mountainguides.is Guided tours</p>
<p><b>Ellingsen B</b> Fiskislóð 1, Reykjavík Tel. 580 8500 www.ellingsen.is ellingsen@ellingsen.is Bike shop and repair</p>	<p><b>Reykjavik Campsite H</b> Sundlaugavegur 32, Reykjavík Tel. 568 6944 www.reykjavikcampsite.is info@reykjavikcampsite.is Bike rental, repair stand, tools and luggage storage</p>	<p><b>Hjólaspítalinn R</b> Auðbrekka 4, Kópavogur Tel. 892 2752 www.hjolaspitali.com hannes@talnet.is Bike shop and repair</p>
<p><b>Reykjavik Bike Tours and Bicycle Rental C</b> Ægisgarður 7 (old harbour), Rvk Tel. 694 8956 www.reykjavikbiketours.is bike@icelandbike.com</p>	<p><b>TRI K</b> Suðurlandsbraut 32, Reykjavík Tel. 571 8111 www.tri.is info@tri.is Bike shop and repair</p>	<p><b>Hjólaspöttur ehf S</b> Dalshraun 13, Hafnarfjörður Tel. 565 2292 www.hjolaspottur.is hjolaspottur@hjolaspottur.is Bike shop and repair</p>
<p><b>Bike Store Berlin D</b> Geirsgata 5a, Reykjavík Tel. 899 0943 www.reidhjolaverzlunin.is info@reidhjolaverzlunin.is Bike Shop</p>	<p><b>Markið L</b> Ármúli 40, Reykjavík Tel. 517 4600 www.markid.is markid@markid.is Bike shop and repair</p>	<p><b>Icebikeadventures T</b> Dælustöðvarvegur 8, Mosfellsbær Tel. 824 0322 www.icebikeadventures.com www.fatbike.is info@icebikeadventures.com Bike rental and guided tours</p>
<p><b>Borgarhjól E</b> Hverfisgata 50, Reykjavík Tel. 551 5653 www.borgarhjol.is borgarhjol@simnet.is Bike shop, repair and rental</p>	<p><b>Örninn M</b> Faxafen 8, Reykjavík Tel. 588 9890 www.orninn.is orninn@orninn.is Bike shop, repair and rental</p>	<p><b>Google it!</b> Bike shops and repair www.kriacycles.com www.gap.is www.everest.is www.hvellur.com www.reidhjol.com Bike shops, seasonal bike equipment www.utilif.is www.suzuki.is (E-bikes) www.hagkaup.is www.byko.is www.husa.is</p>
<p><b>Bike Cave - restaurant F</b> Einarsnes 316, Reykjavík Tel. 770 3113 www.bikecave.is stefan@bikecave.is Cafe, selfservice repair, laundromat</p>	<p><b>N1 Filling station N</b> Borgartún, Fossvogur, Skógarsel, and Mosfellsbær Repair stand, pump, tools and spareparts</p>	

## LEGEND

- Recommended main cycling routes**
  - Cycle path (separated, shared)
  - Minor road (with, without bike path)
  - Main road (with, without wide shoulder)
- Selected other cycle routes**
  - Other cycle path independent of roads
  - Sidewalk or "slow" path (asphalt, gravel)
- Minor roads usually ok to cycle**
  - Gravel road (1-lane, 2-lane)
  - Small streets with little traffic
  - Road (2 or more lanes) with moderate traffic, often also with bike path along it
- Main roads with heavy and fast traffic**
  - Main roads without bike path, **CYCLING NOT RECOMMENDED**
  - Alternative route on sidewalk/ nearby path/ street (may be slow or difficult to find)
- Road crossings (complete along main cycling routes; selected elsewhere)**
  - Bridge, underpass
  - Foot bridge, tidal ford
  - Traffic lights
  - Pedestrian traffic lights
  - Zebra crossing
  - Roundabouts
  - Path or road under construction

- Heavy traffic, little space for cyclists
- Information sign with cycling plan
- Passenger ferry, cruise ships
- Bus terminal, airport
- Street name (selected)
- Road number
- Crossroads beyond map area
- Distance in km between points
- City center, hospital
- Swimming pool, campsite
- Filling station (selected)
- Bicycle services (see list)
- Large building, church
- Lighthouse, museum
- Soccer field, golf course

www.cyclingiceland.is/reykjavik



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